

Musculoskeletal Sonography Examination Content Outline

(Outline Summary)

#	Domain	Subdomain	Percentage
1	General Anatomy and Physiology	<ul style="list-style-type: none"> • Abdominal wall • Ankle and foot • Chest wall • Elbow • Hand and wrist • Hip, groin, and pelvis • Knee • Shoulder • Developmental changes 	33%
2	General Pathology	<ul style="list-style-type: none"> • Abnormal physiology 	42%
3	Protocols and Integration of Data	<ul style="list-style-type: none"> • Clinical standards and guidelines • Incorporate outside data 	21%
4	Interventional Procedures	<ul style="list-style-type: none"> • Sonographer role in procedure 	4%

(Detailed Outline)

1	Anatomy 33%
1.A	Abdominal wall
1.A.1	Perform general ultrasound of the muscles and fasciae of the abdominal wall
1.B	Ankle and foot
1.B.1	Perform general ultrasound of the bones, bursae, fat pads, and joints of the ankle and foot
1.B.2	Perform general ultrasound of the fasciae, ligaments, muscles, retinaculum, and tendons of the ankle and foot
1.B.3	Perform general ultrasound of the neurovascular system of the ankle and foot
1.C	Chest wall
1.C.1	Perform general ultrasound of the bones, muscles, and fasciae of the chest wall
1.D	Elbow
1.D.1	Perform general ultrasound of the bones, bursae, fat pads, joints, and ligaments of the elbow
1.D.2	Perform general ultrasound of the fasciae, muscles, and tendons of the elbow
1.D.3	Perform general ultrasound of the neurovascular system of the elbow

1.E	Hand and Wrist
1.E.1	Perform general ultrasound of the bones, cartilage, and joints of the hand and wrist
1.E.2	Perform general ultrasound of the fasciae, muscles, tendons, retinaculum, pulleys, sagittal bands, and ligaments of the hand and wrist
1.E.3	Perform general ultrasound of the neurovascular system of the hand and wrist
1.F	Hip, Groin, and Pelvis
1.F.1	Perform general ultrasound of the bones, bursae, cartilage, and joints of the hip, groin, and pelvis
1.F.2	Perform general ultrasound of the muscles and tendons of the hip, groin, and pelvis
1.F.3	Perform general ultrasound of the lymphatic and neurovascular system of the hip, groin, and pelvis
1.G	Knee
1.G.1	Perform general ultrasound of the bones, bursae, fat pads, cartilage, and joints of the knee
1.G.2	Perform general ultrasound of the muscles, tendons, retinaculum, and ligaments of the knee
1.G.3	Perform general ultrasound of the neurovascular system of the knee
1.H	Shoulder
1.H.1	Perform general ultrasound of the bones, bursae, cartilage, joints, and ligaments of the shoulder
1.H.2	Perform general ultrasound of the muscles and tendons of the shoulder
1.H.3	Perform general ultrasound of the neurovascular system of the shoulder
1.I	Developmental changes
1.I.1	Differentiate pediatric from adult anatomy
2	General Pathology 42%
2.A	Abnormal physiology
2.A.1	Evaluate bone pathology and erosion
2.A.2	Evaluate cartilage pathology
2.A.3	Evaluate synovitis
2.A.4	Evaluate synovial proliferation
2.A.5	Evaluate joint effusions
2.A.6	Evaluate crystal deposits
2.A.7	Evaluate joint laxity/altered function

2.A.8	Evaluate ligament pathology and tears
2.A.9	Evaluate tendon pathology, calcifications, and tears
2.A.10	Evaluate impingement, subluxations/dislocation and altered function
2.A.11	Evaluate muscle pathology and tears
2.A.12	Evaluate bursa pathology
2.A.13	Evaluate nerve pathology and entrapment
2.A.14	Evaluate soft tissue/subcutaneous pathology
2.A.15	Evaluate for gas within the soft tissue
2.A.16	Evaluate infections
2.A.17	Evaluate for foreign body
2.A.18	Evaluate masses
2.A.19	Evaluate fluid collections
2.A.20	Evaluate cystic structures
2.A.21	Evaluate hernias
2.A.22	Evaluate retinaculum pathology
2.A.23	Evaluate pulley and sagittal band pathology
2.A.24	Evaluate pediatric specific musculoskeletal pathology
2.A.25	Evaluate sternoclavicular joint pathology
2.A.26	Evaluate postsurgical anatomy and hardware (including prosthetic hip)
3	Protocols and Integration of Data 21%
3.A	Clinical standards and guidelines
3.A.1	Position patient and ultrasound machine
3.A.2	Assess the physical condition of the patient, focusing on the area to be examined
3.A.3	Follow ultrasound imaging protocols for musculoskeletal-related studies
3.A.4	Perform anatomic assessment during dynamic scanning
3.A.5	Manipulate probe positioning for optimal image acquisition, i.e., anisotropy
3.A.6	Follow course of disease with serial ultrasound exams
3.A.7	Perform measurements

3.A.8	Communicate ultrasound findings
3.A.9	Recognize ultrasound findings that require immediate action
3.B	Incorporate outside data
3.B.1	Verify appropriateness of the order and obtain pertinent clinical history from the patient and/or medical records
3.B.2	Correlate ultrasound findings with clinical presentation and previous imaging
4	Procedures 4%
4.A	Sonographer role in procedure
4.A.1	Maintain aseptic techniques during interventional procedures
4.A.2	Assist/support ultrasound guidance during interventional procedures
4.A.3	Follow postprocedural protocols, i.e., pain assessment, complications, and specimen management